

Mentoring is a MUTUAL GIFT

and I'm a big fan and user of this beautiful concept.

Let me tell you WHY!



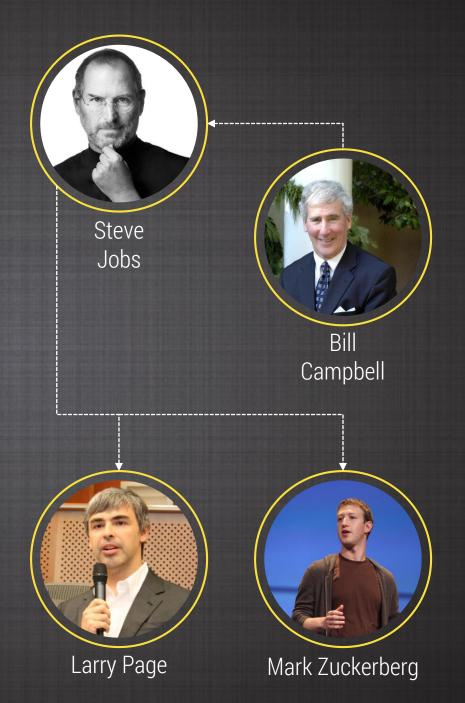
ANDREAS VON DER HEYDT

Senior Executive, Marketing Expert, Leadership & Executive Coach, LinkedIn Influencer, Author, Speaker



Every great leader has or had a GREAT MENTOR.

And every leader should **BECOME** a mentor.









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Tell me and I forget,
teach me and I may remember,
INVOLVE ME
AND I LEARN.

77

Benjamin Franklin





FACTS FOR MENTEES TO KNOW

How to make the most out of a mentoring relationship?





LOOK FOR THE RIGHT MENTOR

Look for someone who really cares about you, who wants you to succeed and achieve your goals. You should trust and respect each other.



SET CLEAR OBJECTIVES

Decide exactly what you need mentoring on before looking for a mentor. What's your objective and what does success look like in the end?





BE OPEN-MINDED AND SELF-CRITICAL



During the mentoring process you will need to be willing to receive input and feedback, to question and get to know yourself, be aware of others and to develop personally.



TAKE OVER RESPONSIBILITY FOR YOURSELF

Even though a mentor can help you to understand an issue and give advice, it is up to you to work (hard) and implement what you agreed upon.







FOLLOW THROUGH

Stay in close contact with your mentor during and after your meetings.
Send regular updates to keep the mentor engaged and supportive.



BENEFITS FOR MENTORS

Why should you engage in mentoring and what's in it for you as a mentor?





DEVELOP YOUR MINDFULNESS



Mentoring helps you become more aware of your thoughts, feelings and surroundings. It involves accepting that there's no "right" or "wrong" way to think or feel.



IMPROVE YOUR LEADERSHIP SKILLS

By helping your mentee, you can review your own areas for improvement and it can help you discover new areas and behaviors.





SEE WITH FRESH EYES



Mentoring helps you see things with a set of fresh eyes. You'll discover how your peers approach an issue, how they solve it and understand their reasoning



RECHARGE YOUR BATTERIES

Many mentors get personal fulfillment and joy from mentoring. If you're burned out, losing focus and drive, mentoring can give you strength and energy.





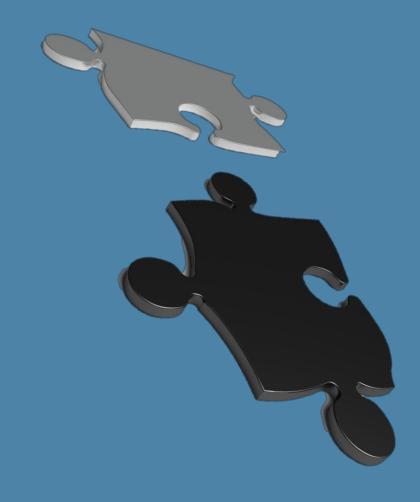
ELEMENTS OF A MENTORING PROCESS

How to establish a successful mentoring process in your organization



ESTABLISH AN EFFECTIVE MATCHING PROCESS

Mentoring needs to be centered around the mentee's development needs. A transparent and open process is required for any method used.





AGREE ON GUIDING PRINCIPLES



In the beginning of a mentorship, some aspects must be defined like goals, meeting frequency, confidentiality and follow-up work between sessions.

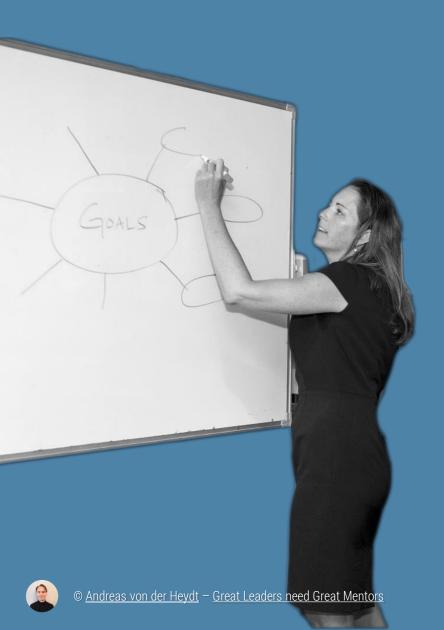


PROVIDE SUPPORT

You need to clearly state what mentoring means for you and what are the roles of the people involved. Participants should understand the process, purpose and tools of the process.







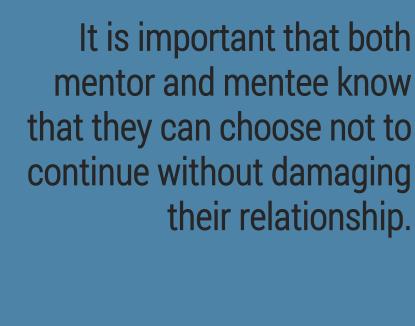
Additional skills training even for experienced
managers - provided by
the company for aspiring
mentors have proven to be
very helpful.

HAVE FOLLOW-UP STEPS IN PLACE

Depending on whether the mentee achieved his goals or not, the relationship can be extended beyond mentorship, continued or closed in a friendly manner if it's not working out.









EVALUATE THE MENTORING PROGRAM



The program has to be reviewed to see if individual and organizational objectives were achieved. Potential issues and learnings need to be solved to improve the mentoring program's quality and impact.





ANYONE CAN BE A MENTOR

as long as he/she is dedicated to help the mentee, willing to learn and develop the skills needed, be engaged and respectful.





Mentoring can be a very EFFECTIVE CONCEPT

for personal growth and development, for your colleagues, teams and yourself, regardless of the company size.

MENTORING IN A NUTSHELL





- Establish effective matching process
- ✓ Agree on guiding principles
- ✓ Provide support
- ✓ Set follow-up steps
- ✓ Evaluate the program



Advice for Mentees

- ✓ Look for the right mentor
- ✓ Set clear objectives
- ✓ Be open minded and self critical
- Take over responsibility for yourself
- ✓ Follow through



Benefits for Mentors

- ✓ Develop your mindfulness
- ✓ Improve your leadership skills
- ✓ See with fresh eyes
- ✓ Recharge your batteries





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Let's stay in touch



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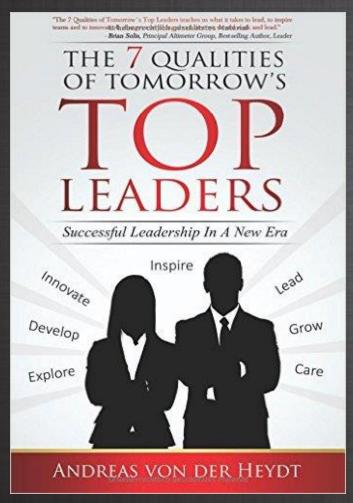
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Find out more about mentorship and leadership in my new book



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